Swiss Health Survey 2007

Presentation for the TG HIS,
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Topics

• General information on the survey
• Questionnaire
• Some findings
• Publications
• Future prospects
General information on the survey

- Survey population
- Sample size
- How to choose the target person
Survey population

- Residents in Switzerland
- Living in private households
- 15+ years old
- Foreigners ( > 3 months in CH and German, French or Italian speaking)
Sample size

- Base: 11’700
- Min. 1’000 Interviews for each “Grossregion” (NUTS 2)
- Possibility for cantons to increase the sample size:
  - 2007: 13 cantons and Zurich (city) increased their samples
- Total: 18’760 interviews: 10’336 women, 8’424 men (response rate: 66%)
How to choose the target person

Contact

Household structure

Target person
15 to 74

Target person
75+

No interview:
... Psychic or physical disability
... Language barriers (not D/F/I)
... Absence > 4 weeks (e.g. holiday, hospital, army)

PROXY-Interview

CATI

CAPI

CATI

CAPI

Questionnaire
Questionnaire

- Themes
- Comparison with the EHIS-questionnaire
Themes

- Health related behaviour
- Attitudes
- Preventive medicine
- Health status
- Social security / social support
- Health care utilisation
- Living conditions
- Socio-demography
Comparison with the EHIS-questionnaire (2006)

<table>
<thead>
<tr>
<th>Topics</th>
<th>Identical / similar</th>
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<th>Identical / similar</th>
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<tbody>
<tr>
<td>MEHM</td>
<td>Identical</td>
<td>Height and weight (BMI)</td>
<td>Identical</td>
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<tr>
<td>Chronic diseases</td>
<td>Similar</td>
<td>smoking</td>
<td>Partly comparable</td>
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<tr>
<td>Accidents</td>
<td>Similar</td>
<td>alcohol</td>
<td>Different</td>
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<tr>
<td>Physical /sensory functional limitations</td>
<td>Partly comparable</td>
<td>nutrition</td>
<td>Different</td>
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<tr>
<td>ADL / IADL</td>
<td>Similar</td>
<td>Physical activities</td>
<td>Different</td>
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<td>Mental health</td>
<td>Different</td>
<td>Drugs</td>
<td>Different</td>
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<tr>
<td>Preventive care (Check up)</td>
<td>Similar</td>
<td>Use of medicines</td>
<td>Rather different</td>
</tr>
<tr>
<td>Use of health care</td>
<td>Partly comparable</td>
<td>Conditions of work / living</td>
<td>Partly comparable</td>
</tr>
</tbody>
</table>
Some Findings

• Self perceived health
• Smoking
• Daily number of cigarettes
• Meat consumption
• Physical activities
• Being overweight
How is your health in general?

„Very good“ and „good“ by sex and age groups in %

![Bar chart showing the percentage of respondents rating their health as "very good" or "good" by sex and age groups.](chart.png)
Smokers by age groups, 1992 and 2007, in %

- 15 - 24
- 25 - 34
- 35 - 44
- 45 - 54
- 55 - 64
- 65 - 74
- 75+
- Total

1992
- 30
- 35
- 30
- 25
- 20
- 15
- 10
- 5

2007
- 35
- 40
- 35
- 30
- 25
- 20
- 15
- 10

Legend:
- □ 1992
- □ 2007

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Daily number of cigarettes 
(when smoking)

10+ cigarettes per day by age groups, 1992 and 2007, in %

![Graph showing daily number of cigarettes by age groups for 1992 and 2007.](image)
Physical activities

„No sports“ by age groups, 2002 and 2007, in %

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Meat consumption

Daily consumption by age groups, 1992 and 2007, in %
Being overweight

BMI $\geq 25$ kg/m² by age groups, 1992 and 2007, in %
Publications

http://www.bfs.admin.ch/bfs/portal/de/index/themen/14/02.html

Reports in preparation:

• Overview over the main results (December 2009)
• Social and health inequality (2010)
Future prospects: Survey 2012

- Integration in the statistical concept of the FSO (SHAPE – statistical system on households and persons)

-Comparability EHIS
Thank you very much for your attention!

For more information on the survey:

http://www.bfs.admin.ch/bfs/portal/de/index/infothek/erhebungen__quellen/blank/blank/ess/01.html